

HEAT AT HOME

Enjoy a selection of your favourite Asian dishes, freshly prepared at our kiosk with a wide choice of tasty meals you're sure to enjoy'

パンク
Panku
Streetfood

Express 速べる

SPICY CRUNCH ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice and topped off with spicy sriracha mayonnaise and crunchy onion

Spicy California Crunch Roll 453kcal	€9.00
10 piece surimi and avocado roll topped with spicy mayo and shichimi powder	
Spicy Salmon & Avocado Crunch Roll 418kcal	€8.50
10 piece salmon and avocado roll topped with spicy mayo and shichimi powder	
Spicy Chicken Katsu Crunch Roll 472kcal	€8.00
10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder	
Spicy Prawn Katsu Crunch Roll 407kcal	€10.00
10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder	
Spicy Veggie Crunch Roll 363kcal	€7.50
10 piece red pepper, cucumber avocado roll topped with spicy mayo and shichimi powder	
Spicy Tuna Crunch Roll 370kcal	€8.50
10 piece tuna and cucumber roll topped with spicy mayo and shichimi powder	

BAO BUNS

Plump bao buns, filled with meat or vegetables, pickled red onion and pickled cucumber, topped with spring onion and crispy onion

Pulled Pork 263kcal	€4.00
Bao bun filled with Korean pulled pork, pickled red onion and pickled cucumber, topped with spring onion and crispy onion Korean	
Korean Chicken 269kcal	€4.00
Bao bun filled with Korean chicken pieces, pickled red onion and pickled cucumber, topped with spring onion and KFC sauce	
Pumpkin Katsu 246kcal	€4.00
Bao bun filled with pumpkin katsu pieces, pickled red onion and pickled cucumber, topped with spring onion, crispy onion and KFC sauce	
Hoisin Duck 238kcal	€4.00
Bao bun filled with hoisin duck, pickled red onion and pickled cucumber, topped with spring onion and crispy onion	

POKE BOWLS

Chicken Katsu Poke Bowl 646kcal	€8.90
Breaded Chicken Chunks topped with edamame, mango, wakame, avocado, cucumber, tomato, spring onion on rice	
Salmon Poke Bowl 646kcal	€9.90
Salmon spring onions coconut sriracha, steamed rice, edamame sweetcorn, pickled onion, katsu, crispy onions	
Spicy Tuna Poke Bowl 646kcal	€9.90
Spicy Tuna Chunks topped with edamame, mango, wakame, avocado, cucumber, tomato, spring onion on rice	

Chicken Katsu Curry 566kcal	€11.00
Chicken katsu, steamed rice, curry sauce, spring onion and beni shoga	
Spicy Chicken Teriyaki Rice Bowl 765kcal	€12.00
Fried chicken, steamed rice, crispy shredded vegetables, pak choi, teriyaki sauce topped with shichimi powder	
Korean Chilli Beef Bulgogi 457kcal	€12.00
Korean beef, steamed rice, crispy shredded vegetables, pak choi, topped with mixed sesame seeds and spring onions	
Spicy Korean Chicken Rice Bowl 675kcal	€11.70
Fried chicken, steamed rice, KFC sauce, crispy shredded vegetables and pak choi	
Teriyaki Noodles 454kcal	€6.00
Teriyaki noodles, crispy shredded vegetables topped with mixed sesame seeds, beni shoga and spring onions with teriyaki sauce	
Chicken Curry Noodles 554kcal	€11.00
Chicken katsu, noodles, crispy shredded vegetables topped with mixed sesame seeds, beni shoga and spring onions with curry sauce	
Korean Beef Noodles 550kcal	€12.50
Korean beef, noodles, crispy shredded vegetables topped with mixed sesame seeds, beni shoga and spring onions with teriyaki sauce	
Korean Chicken Noodles 703kcal	€12.15
Fried chicken, noodles, KFC sauce, shredded vegetables topped with spring onions, beni shoga and mixed sesame seeds	
Hoisin Duck Donburi 600kcal	€12.00
Hoisin duck, steamed rice, crispy shredded vegetables, pak choi, topped with mixed sesame seeds	
Pumpkin Katsu Curry 462kcal	€12.50
Pumpkin katsu, steamed rice, curry sauce, spring onion and beni shoga	

SIDES

Japanese Chicken Bites 674kcal	€6.25
10 piece chicken bites with Japanese mayo	
Korean Chicken Bites 732kcal	€6.50
10 piece chicken bites with KFC sauce	
Teriyaki Chicken Bites 759kcal	€6.50
10 piece chicken bites with teriyaki sauce and mixed sesame seeds	
Chicken Gyoza 222kcal	Not Available
5 piece chicken gyoza with dipping sauce	
Veggie Gyoza 233kcal	€5.00
5 piece vegan gyoza with dipping sauce	
Duck Gyoza 221kcal	Not Available
5 piece vegan gyoza with dipping sauce	
Prawn Gyoza 219kcal	€6.00
5 piece prawn gyoza with dipping sauce e	

Why not give it a gyoza?

Gyoza are dumplings filled with delicious flavours wrapped in thin dough perfect for lunch, snacks or dinner

vegan



SALADS

Edamame 204kcal	€4.00
Edamame pods sprinkled with sea salt and spring onion	
Kaiso Salad 162kcal	€4.00
Sesame seaweed salad topped with mixed sesame seed	



DESSERTS

A selection of Classic Japanese desserts, perfect to finish off any meal or if you're in need of a sweet treat

Chocolate Mochi 204kcal	€3.50
Chocolate filled Japanese dessert	
Vanilla Mochi 207kcal	€3.50
Vanilla Ice-Cream filled with Japanese dessert	
Passion Fruit Mochi 207kcal	€3.50
Passion fruit sorbet filled Japanese dessert	
Match Mochi 185kcal	€3.50
Match ice-cream-filled Japanese dessert	
Strawberry Mochi 207kcal	€3.50
Strawberry cheesecake filled Japanese dessert	



100% vegetarian



SUSHI

Whether it is raw or cooked fish, chicken or plant-based, let us treat your tastebuds with our freshly prepared Japanese sushi selection

MAKI

Avocado Maki 201kcal 8 piece avocado and vegan mayo maki	✓	€5.00
Cucumber Maki 146kcal 8 piece cucumber and mixed sesame seed maki	✓	€3.50
Salmon Maki 196kcal 8 piece salmon maki		€5.00
Tuna Maki 196kcal 8 piece tuna maki		€5.00
Red Pepper Maki 196kcal 8 piece red pepper maki		€5.00

NIGIRI

Salmon Nigiri 336kcal 6 piece salmon nigiri	✓	€9.00
Salmon & Prawn Nigiri 335kcal 3 piece salmon nigiri and 3 piece prawn nigiri	✓	€9.00
Inari Nigiri 270kcal 4 piece inari nigiri		€6.00
Inari & Kaiso Nigiri 263kcal 2 piece inari nigiri and 2 piece Kaiso topped with nigiri		€6.00

PANKU SPECIAL

Hoisin Duck Roll 320kcal 10 piece duck, cucumber and spring onion roll topped with mixed sesame seed	€8.00
Hoisin Duck Crunch Roll 372kcal 10 piece duck, cucumber and spring onion roll topped with vegan mayo and crunchy onions	€8.50
Dynamite Roll 516kcal 10 piece surimi and avocado roll topped with salmon, sriracha mayo and shichimi chilli powder	€10.00

HOUSE ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice

California Roll 408kcal 10 piece surimi and avocado roll topped with mixed sesame seeds	€8.00
Salmon Avocado Roll 373kcal 10 piece salmon and avocado roll topped with mixed sesame seeds	€8.00
Chicken Katsu Roll 426kcal 10 piece chicken katsu and avocado roll topped with mixed sesame seeds	€8.00
Prawn Katsu Roll 362kcal 10 piece prawn katsu and cucumber roll topped with mixed sesame seeds	€10.00
Veggie Roll 318kcal ✓ 10 piece red pepper, cucumber and avocado roll topped with mixed sesame seeds	€7.00
Tuna Roll 325kcal 10 piece tuna and cucumber roll topped with mixed sesame seeds	€8.00

CRUNCH ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice and topped with crunchy onions

California Crunch Roll 461kcal 10 piece surimi and avocado roll topped with mixed sesame seeds	€9.00
Salmon & Avocado Crunch Roll 425kcal 10 piece salmon and avocado roll topped with vegan mayo, teriyaki and crunchy onions	€9.00
Chicken Katsu Crunch Roll 458kcal 10 piece chicken katsu and avocado roll topped with vegan mayo, teriyaki and crunchy onions	€8.00
Prawn Katsu Crunch Roll 414kcal 10 piece prawn katsu and cucumber roll topped with vegan mayo, teriyaki and crunchy onions	€11.00
Veggie Crunch Roll 370kcal ✓ 10 piece red pepper cucumber and avocado roll topped with vegan mayo, teriyaki and crunchy onion	€7.50
Tuna Crunch Roll 377kcal 10 piece tuna and cucumber roll topped with vegan mayo, teriyaki and crunchy onions	€8.50



SASHIMI

Freshly cut slices of sashimi	
Salmon Sashimi 152kcal Freshly cut salmon sashimi	€5.50
Tuna Sashimi 152kcal Freshly cut tuna sashimi	€5.50

SPICY ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice and topped with crunchy onions

Spicy California Roll 395kcal 10 piece surimi and avocado roll topped with spicy mayo and shichimi powder	€8.50
Spicy Salmon & Avocado Roll 360kcal 10 piece salmon and avocado roll topped with spicy mayo and shichimi powder	€8.50
Spicy Chicken Katsu Roll 392kcal 10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder	€8.50
Spicy Prawn Katsu Roll 349kcal 10 piece prawn katsu and cucumber roll topped with spicy mayo and shichimi powder	€9.00
Spicy Veggie Roll 305kcal ✓ 10 piece red pepper, cucumber and avocado roll topped with spicy mayo and shichimi powder	€7.00
Spicy Tuna Roll 312kcal 10 piece tuna and cucumber roll topped with spicy mayo and shichimi powder	€8.50

PLATTER

Hand-rolled platters, with an array of sushi rolls. Platters can be made to order, please speak to a staff member for further details

Ultimate Panku Party Platter 1555kcal 10 piece spicy crunchy tuna roll, 10 piece crunchy salmon avocado roll, 5 piece vegan roll, 4 piece salmon nigiri, 4 piece prawn nigiri and 2 piece inari nigiri	€20.00
All Stars Plant Platter 1428kcal ✓ 10 piece vegan roll, 10 piece crispy vegan roll, 10 piece spicy vegan roll, 8 piece cucumber maki, 8 piece red pepper maki, 2 piece red pepper nigiri and 2 piece inari nigiri	€17.00

SUSHI SNACK PACKS

Inari Snack Pack 218kcal 2 piece inari nigiri and 4 piece cucumber maki	€5.00
Salmon Snack Pack 193kcal 2 piece salmon nigiri and 4 piece salmon maki	€6.00

MIXED SUSHI SETS

A selection of sushi rolls & dishes, great for those wanting to try a selection of sushi styles

Super Salmon 459kcal 5 piece salmon avocado roll, 2 piece salmon nigiri and 8 piece salmon maki	€15.00	Crunch Combo Roll Box 635kcal 5 piece crunchy tuna roll, 5 piece crunchy salmon avocado roll and 5 piece spicy crunchy california roll	€12.00	Shrimply the Best 1045kcal 10 piece crunchy prawn katsu roll, 10 piece spicy crunchy prawn katsu roll and 4 piece prawn nigiri	€22.00
Plant Power 594kcal ✓ 10 piece veggie crunch roll, 2 inari nigiri and 2 red pepper nigiri	€12.00	Great Catch Combo Box 593kcal 5 piece salmon avocado roll, 4 piece cucumber hosomaki, 3 piece salmon nigiri and 3 piece prawn nigiri	€12.00	Veggie Pick 'n' Mix 820kcal 10 piece crunchy vegan roll, 10 piece vegan roll, 2 piece inari nigiri, 2 piece red pepper nigiri	€16.00
Panku Classics 545kcal 5 piece salmon avocado roll, 4 piece cucumber hosomaki, 4 piece salmon hosomaki, 1 piece inari nigiri, 1 piece salmon nigiri and 1 piece prawn nigiri	€15.00	All Salmon Love Set 1027kcal 10 piece salmon avocado roll, 10 piece crunchy salmon avocado roll and 4 piece salmon nigiri	€18.00	Panku Super Sharer 1049kcal 10 piece crunchy tuna roll, 10 piece spicy crunchy california roll, 2 piece inari nigiri and 2 piece prawn nigiri	€20.00
Crunchy Katsu & Hoisin Box 606kcal 5 piece spicy chicken katsu roll, 5 piece crunchy chicken katsu roll and 5 piece hoisin duck roll	€12.00	Chicken Top Hits 997kcal 10 piece chicken katsu roll, 10 piece spicy crunchy chicken roll and 4 piece chicken gyoza	€13.00		



SUITABLE FOR VEGANS



SUITABLE FOR VEGETARIANS



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