

# HEAT AT HOME

Enjoy a selection of your favourite Asian dishes, freshly prepared at our kiosk with a wide choice of tasty meals you're sure to enjoy'

パンク  
**Panku**  
Streetfood

## Express 述べる

### SPICY CRUNCH ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice and topped off with spicy sriracha mayonnaise and crunchy onion

<b>Spicy California Crunch Roll</b> 453kcal	€8.50
10 piece surimi and avocado roll topped with spicy mayo and shichimi powder	
<b>Spicy Salmon &amp; Avocado Crunch Roll</b> 418kcal	€9.50
10 piece salmon and avocado roll topped with spicy mayo and shichimi powder	
<b>Spicy Chicken Katsu Crunch Roll</b> 472kcal	€8.00
10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder	
<b>Spicy Prawn Katsu Crunch Roll</b> 407kcal	€10.00
10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder	
<b>Spicy Veggie Crunch Roll</b> 363kcal 	€7.50
10 piece red pepper, cucumber avocado roll topped with spicy mayo and shichimi powder	
<b>Spicy Tuna Crunch Roll</b> 370kcal	€8.00
10 piece tuna and cucumber roll topped with spicy mayo and shichimi powder	

### BAO BUNS

Plump bao buns, filled with meat or vegetables, pickled red onion and pickled cucumber, topped with spring onion and crispy onion

<b>Pulled Pork</b> 263kcal	€4.50
Bao bun filled with Korean pulled pork, pickled red onion and pickled cucumber, topped with spring onion and crispy onion Korean	
<b>Korean Chicken</b> 269kcal	€4.50
Bao bun filled with Korean chicken pieces, pickled red onion and pickled cucumber, topped with spring onion, crispy onion and KFC sauce	
<b>Pumpkin Katsu</b> 246kcal 	€4.50
Bao bun filled with pumpkin katsu pieces, pickled red onion and pickled cucumber, topped with spring onion, crispy onion and KFC sauce	
<b>Hoisin Duck</b> 238kcal	€4.50
Bao bun filled with hoisin duck, pickled red onion and pickled cucumber, topped with spring onion and crispy onion	

### POKE BOWLS

<b>Chicken Katsu Poke Bowl</b> 646kcal	€9.00
Breaded Chicken Chunks topped with edamame, mango, wakame, avocado, cucumber, tomato, spring onion on rice	
<b>Salmon Poke Bowl</b> 646kcal	€9.90
Salmon spring onions coconut sriracha, steamed rice, edamame sweetcorn, pickled onion, kaiso, crispy onions	
<b>Spicy Tuna Poke Bowl</b> 646kcal	€9.90
Spicy Tuna Chunks topped with edamame, mango, wakame, avocado, cucumber, tomato, spring onion on rice	

<b>Chicken Katsu Curry</b> 566kcal	€9.50
Chicken katsu, steamed rice, curry sauce, spring onion and beni shoga	
<b>Spicy Chicken Teriyaki Rice Bowl</b> 765kcal	€11.70
Fried chicken, steamed rice, crispy shredded vegetables, pak choi, teriyaki sauce topped with shichimi powder	
<b>Korean Chilli Beef Bulgogi</b> 457kcal	€9.90
Korean beef, steamed rice, crispy shredded vegetables, pak choi, topped with mixed sesame seeds and spring onions	
<b>Spicy Korean Chicken Rice Bowl</b> 675kcal	€11.00
Fried chicken, steamed rice, KFC sauce, crispy shredded vegetables and pak choi	
<b>Teriyaki Noodles</b> 454kcal	€7.00
Teriyaki noodles, crispy shredded vegetables topped with mixed sesame seeds, beni shoga and spring onions with teriyaki sauce	
<b>Chicken Curry Noodles</b> 554kcal	€8.75
Chicken katsu, noodles, crispy shredded vegetables topped with mixed sesame seeds, beni shoga and spring onions with curry sauce	
<b>Korean Beef Noodles</b> 550kcal	€10.75
Korean beef, noodles, crispy shredded vegetables topped with mixed sesame seeds, beni shoga and spring onions with teriyaki sauce	
<b>Korean Chicken Noodles</b> 703kcal	€10.75
Fried chicken, noodles, KFC sauce, shredded vegetables topped with spring onions, beni shoga and mixed sesame seeds	
<b>Hoisin Duck Donburi</b> 600kcal	€9.90
Hoisin duck, steamed rice, crispy shredded vegetables, pak choi, topped with mixed sesame seeds	
<b>Pumpkin Katsu Curry</b> 462kcal	€8.00
Pumpkin katsu, steamed rice, curry sauce, spring onion and beni shoga	

### SNACKS

<b>Japanese Chicken Bites</b> 674kcal	€6.85
Chicken bites with Japanese mayo	
<b>Korean Chicken Bites</b> 732kcal	€8.00
Chicken bites with KFC sauce	
<b>Teriyaki Chicken Bites</b> 759kcal	€8.00
Chicken bites with teriyaki sauce and mixed sesame seeds	
<b>Chicken Gyoza</b> 222kcal	€7.25
5 piece chicken gyoza with dipping sauce	
<b>Veggie Gyoza</b> 233kcal 	€6.50
5 piece vegan gyoza with dipping sauce	
<b>Duck Gyoza</b> 221kcal	Not Available
5 piece vegan gyoza with dipping sauce	
<b>Prawn Gyoza</b> 219kcal	€7.50
5 piece prawn gyoza with dipping sauce e	

### Why not give it a gyoza?

Gyoza are dumplings filled with delicious flavours wrapped in thin dough perfect for lunch, snacks or dinner

*vegan*



### SALADS

<b>Edamame</b> 204kcal 	€5.50
Edamame pods sprinkled with sea salt and spring onion	
<b>Kaiso Salad</b> 162kcal 	€5.50
Sesame seaweed salad topped with mixed sesame seed	



### DESSERTS

A selection of Classic Japanese desserts, perfect to finish off any meal or if you're in need of a sweet treat

<b>Chocolate Mochi</b> 204kcal 	€3.50
Chocolate filled Japanese dessert	
<b>Vanilla Mochi</b> 207kcal 	€3.50
Vanilla Ice-Cream filled with Japanese dessert	
<b>Passion Fruit Mochi</b> 207kcal 	€3.50
Passion fruit sorbet filled Japanese dessert	
<b>Match Mochi</b> 185kcal 	€3.50
Match ice-cream-filled Japanese dessert	
<b>Strawberry Mochi</b> 207kcal 	€3.50
Strawberry cheesecake filled Japanese dessert	



*100% vegetarian*



# SUSHI

Whether it is raw or cooked fish, chicken or plant-based, let us treat your tastebuds with our freshly prepared Japanese sushi selection

## MAKI

<b>Avocado Maki</b> 201kcal 8 piece avocado and vegan mayo maki	✓	€5.00
<b>Cucumber Maki</b> 146kcal 8 piece cucumber and mixed sesame seed maki	✓	€4.00
<b>Salmon Maki</b> 196kcal 8 piece salmon maki		€5.00
<b>Tuna Maki</b> 196kcal 8 piece tuna maki		€5.00
<b>Red Pepper Maki</b> 196kcal 8 piece red pepper maki		€5.50

## NIGIRI

<b>Salmon Nigiri</b> 336kcal 6 piece salmon nigiri	✓	€8.00
<b>Salmon &amp; Prawn Nigiri</b> 335kcal 3 piece salmon nigiri and 3 piece prawn nigiri	✓	€9.50
<b>Inari Nigiri</b> 270kcal 4 piece inari nigiri		€6.00
<b>Inari &amp; Kaiso Nigiri</b> 263kcal 2 piece inari nigiri and 2 piece Kaiso topped with nigiri		€6.60

## PANKU SPECIAL

<b>Hoisin Duck Roll</b> 320kcal 10 piece duck, cucumber and spring onion roll topped with mixed sesame seed	€8.50
<b>Hoisin Duck Crunch Roll</b> 372kcal 10 piece duck, cucumber and spring onion roll topped with vegan mayo and crunchy onions	€9.00
<b>Dynamite Roll</b> 516kcal 8 piece tuna maki	€10.00

## HOUSE ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice

<b>California Roll</b> 408kcal 10 piece surimi and avocado roll topped with mixed sesame seeds	€8.00
<b>Salmon Avocado Roll</b> 373kcal 10 piece salmon and avocado roll topped with mixed sesame seeds	€8.50
<b>Chicken Katsu Roll</b> 426kcal 10 piece chicken katsu and avocado roll topped with mixed sesame seeds	€8.00
<b>Prawn Katsu Roll</b> 362kcal 10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder	€10.00
<b>Veggie Roll</b> 318kcal 10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder	✓ €7.00
<b>Tuna Roll</b> 325kcal 10 piece tuna and cucumber roll topped with mixed sesame seeds	€7.50

## CRUNCH ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice and topped with crunchy onions

<b>California Crunch Roll</b> 461kcal 10 piece surimi and avocado roll topped with mixed sesame seeds	€9.00
<b>Salmon &amp; Avocado Crunch Roll</b> 425kcal 10 piece salmon and avocado roll topped with vegan mayo, teriyaki and crunchy onions	€9.00
<b>Chicken Katsu Crunch Roll</b> 458kcal 10 piece chicken katsu and avocado roll topped with vegan mayo, teriyaki and crunchy onions	€8.00
<b>Prawn Katsu Crunch Roll</b> 414kcal 10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder	€11.00
<b>Veggie Crunch Roll</b> 370kcal 10 piece red peppercucumber and avocado roll topped with vegan mayo, teriyaki and crunchy onion	✓ €7.50
<b>Tuna Crunch Roll</b> 377kcal 10 piece tuna and cucumber roll topped with vegan mayo, teriyaki and crunchy onions	€8.50



## SASHIMI

<b>Freshly cut slices of sashimi</b>	
<b>Salmon Sashimi</b> 152kcal Freshly cut salmon sashimi	€5.50
<b>Tuna Sashimi</b> 152kcal Freshly cut tuna sashimi	€5.50

## SPICY ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice and topped with crunchy onions

<b>Spicy California Roll</b> 395kcal 10 piece surimi and avocado roll topped with spicy mayo and shichimi powder	€8.50
<b>Spicy Salmon &amp; Avocado Roll</b> 360kcal 10 piece salmon and avocado roll topped with spicy mayo and shichimi powder	€8.50
<b>Spicy Chicken Katsu Roll</b> 392kcal 10 piece salmon and avocado roll topped with spicy mayo and shichimi powder	€8.50
<b>Spicy Prawn Katsu Roll</b> 349kcal 10 piece prawn katsu and cucumber roll topped with spicy mayo and shichimi powder	€9.00
<b>Spicy Veggie Roll</b> 305kcal 10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder	✓ €7.00
<b>Spicy Tuna Roll</b> 312kcal 10 piece tuna and cucumber roll topped with spicy mayo and shichimi powder	€8.50

## PLATTER

Hand-rolled platters, with an array of sushi rolls. Platters can be made to order, please speak to a staff member for further details

<b>Ultimate Panku Party Platter</b> 1555kcal 10 piece spicy crunchy tuna roll, 10 piece crunchy salmon avocado roll, 5 piece vegan roll, 4 piece salmon nigiri, 4 piece prawn nigiri and 2 piece inari nigiri	€30.00
<b>All Stars Plant Platter</b> 1428kcal 10 piece vegan roll, 10 piece crispy vegan roll, 10 piece spicy vegan roll, 8 piece cucumber maki, 8 piece red pepper maki, 2 piece red pepper nigiri and 2 piece inari nigiri	✓ €25.00

## SUSHI SNACK PACKS

<b>Inari Snack Pack</b> 218kcal 2 piece inari nigiri and 4 piece cucumber maki	€5.00
<b>Salmon Snack Pack</b> 193kcal 2 piece salmon nigiri and 4 piece salmon maki	€6.00

## MIXED SUSHI SETS

A selection of sushi rolls & dishes, great for those wanting to try a selection of sushi styles

<b>Super Salmon</b> 459kcal 5 piece salmon avocado roll, 2 piece salmon nigiri and 8 piece salmon maki	€15.00	<b>Crunch Combo Roll Box</b> 635kcal 5 piece crunchy tuna roll, 5 piece crunchy salmon avocado roll and 5 piece spicy crunchy california roll	€13.00	<b>Shrimply the Best</b> 1045kcal 10 piece crunchy prawn katsu roll, 10 piece spicy crunchy prawn katsu roll and 4 piece prawn nigiri	€30.00
<b>Plant Power</b> 594kcal 10 piece veggie crunch roll, 2 inari nigiri and 2 red pepper nigiri	✓ €13.00	<b>Great Catch Combo Box</b> 593kcal 5 z salmon avocado roll, 4 piece cucumber hosomaki, 3 piece salmon nigiri and 3 piece prawn nigiri	€18.00	<b>Veggie Pick 'n' Mix</b> 820kcal 10 piece crunchy vegan roll, 10 piece vegan roll, 2 piece inari nigiri, 2 piece red pepper nigiri	€16.00
<b>Panku Classics</b> 545kcal 5 piece salmon avocado roll, 4 piece cucumber hosomaki, 4 piece salmon hosomaki, 1 piece inari nigiri, 1 piece salmon nigiri and 1 piece prawn nigiri	€14.00	<b>All Salmon Love Set</b> 1027kcal 5 piece salmon avocado roll, 4 piece cucumber hosomaki, 4 piece salmon hosomaki, 1 piece inari nigiri, 1 piece salmon nigiri and 1 piece prawn nigiri	€22.00	<b>Panku Super Sharer</b> 1049kcal 10 piece crunchy tuna roll, 10 piece spicy crunchy california roll, 2 piece inari nigiri and 2 piece prawn nigiri	€20.00
<b>Crunchy Katsu &amp; Hoisin Box</b> 606kcal 5 piece spicy chicken katsu roll, 5 piece crunchy chicken katsu roll and 5 piece hoisin duck roll	€12.00	<b>Chicken Top Hits</b> 997kcal 10 piece chicken katsu roll, 10 piece spicy crunchy chicken roll and 4 piece chicken gyoza	€18.00		



SUITABLE FOR VEGANS



SUITABLE FOR VEGETARIANS



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